



50 MUST DOS

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PLANT A TREE

Until you've shoveled out a chunk of Seattle soil and filled it with the root-ball of a living, breathing tree, you haven't truly added life to this city. Trees absorb carbon dioxide emissions, filter air pollution, reduce noise, cool the city, and provide bird habitats—not to mention add green to the streetscape—which is why the City of Seattle makes it so easy to **plant trees on the parking strip** fronting your home. Simply gather a group of neighbors to order a few off the list of acceptable trees on the Web site below—no sidewalk-heaving roots or fat branches on these specimens—and they're yours free of charge to plant and maintain. Now that's a life-giving legacy.

For more on the Tree Fund program, a collaboration of the City of Seattle Arborist and Department of Neighborhoods, visit www.cityofseattle.net/neighborhoods/nmf/treefund.htm.

SEATTLE METROPOLITAN

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VISIT A PRIMEVAL BOG

You don't know nature as it was betimes along Puget Sound until you've **explored the West Hylebos Wetlands** in Federal Way. Exploring's easy on a mile-long boardwalk snaking through a rare intact cedar bog. Creatures that once abounded hereabouts—flying squirrels, red-legged frogs, pileated woodpeckers, short-tailed weasels—take shelter in this prehistoric refuge. Befitting the primeval mood, one of Seattle's oldest surviving houses, David Denny's log cabin, stands at the turnoff, transplanted here to escape demolition.

To learn about special events, work projects, and more visit www.hylebos.org.



Number 12 Walk the bog.

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TEAR OUT THE IVY

There may be no more quintessentially Northwest catharsis than to **rip invasive plants out** of the forests and parklands. We're talking non-natives like English ivy, whose woody vines strangle grown trees, along with blackberry, Scotch broom, Japanese knotweed, and the noxious-smelling *Geranium robertianum*—aka "stinky Bob." Lending elbow grease to the removal of nuisance plants can make parks safe for the flora and fauna that naturally belong there.

The Washington Native Plant Society (206-527-3210; www.ivyout.org) maintains a list of Western Washington ivy-out work parties and contact numbers for information.

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REUSE THE ROOF BEAMS

Once upon a time, only hippies and cheapskates built with demolition detritus. Now you get eco-points when you **salvage your floors** from a Skagit schoolhouse. They don't cut clear vertical-straight-grain fir like they used to; recycled timbers and fixtures are now called "vintage" and priced accordingly. But priceless patinas aside, they'll still outlast today's chipboard and vinyl. And precious throwaways may still be found amid Seattle's renovation frenzy.

For recycled materials and fixtures try the RE Store, 1440 NW 52nd St, 206-297-9119, www.re-store.org/ballard.htm; Second Use, 7953 Second Ave S, 206-763-6929, www.seconduse.com; Earthwise Building Salvage, 2462 First Ave S, 206-624-4510, www.earthwise-salvage.com; and Seattle Building Salvage (Seattle branch has closed), 2114 Hewitt Ave, Everett, 425-303-8500, www.seattlebuildingsalvage.com.

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ADOPT A STREAM

We're proud to be surrounded by nature's watery beauty—and proud to protect it. Too many streams, flowing into Lake Washington and Puget Sound, are littered with tires or shopping carts, endangering health and habitat.

Clear out the debris: The Adopt-A-Stream Foundation will guide your team toward a fun and worthwhile Saturday afternoon.

Call 425-316-8592 or visit www.streamkeeper.org.